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This study examines whether combined cognitive bias modification for interpretative biases (CBM-I) and computerised cognitive behaviour therapy (C-CBT) can produce enhanced positive effects on interpretation biases and social anxiety. Forty socially anxious students were randomly assigned into two conditions, an intervention group (positive CBM-I + C-CBT) or an active control (neutral CBM-I

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Enhanced effects of combined cognitive bias modification and
computerised cognitive behaviour therapy on social anxiety

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Page 4 of 13 Butler et al., Cogent Psychology (2015), 2:
1011905 <http://dx.doi.org/10.1080/23311908.2015.1011905>
2.2.2. Cognitive Distortions Scale (Mobini, Pearce ...

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modification for interpretative biases (CBM-I) and
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The results showed that combined cognitive and exercise training can be effective for improving the cognitive functions and functional status of older adults with and without cognitive impairment. However, limited evidence can be found in populations with cognitive impairment when the evaluation included an active control group comparison.

Effects of combined cognitive and exercise interventions ...

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Background. Currently, food supplements to improve age-related dementia are required. Therefore, we aimed to determine the effect of the combined extract of *Cyperus rotundus* and *Zingiber officinale* (CP1) on the improvement of age-related dementia in rats with AF64A-induced memory deficits.. Methods

Neuroprotective and cognitive-enhancing effects of the ...
Schizophrenia Bulletin, Volume 41, Issue 4, July 2015, Pages 847–858, <https://doi.org/10.1093/schbul/sbv020>

Effects of Endurance Training Combined With Cognitive ...
It has been suggested that combined cognitive and physical intervention may induce larger effects than cognitive or

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physical intervention alone, but existing literature has shown mixed results. This meta-analysis aimed at assessing the efficacy of combined intervention on cognition by comparing combined intervention to control group, cognitive intervention and physical exercise.

The more the better? A meta-analysis on effects of ...
Results: Enhanced memory, increased neuronal density, decreased AChE activity and decreased oxidative stress status together with activated pERK1/2 were observed in the hippocampus of CP1-treated rats. These results suggested that CP1 might improve memory via enhanced cholinergic function and decreased neurodegeneration and oxidative stress.

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Neuroprotective and cognitive-enhancing effects of the ...
Those results suggest that cognitive training is effective in improving cognitive performance and that it (and not mild aerobic training) is driving the improvement in the combined condition. Results are discussed in terms of the special circumstances of aerobic and cognitive training for older adults who are above 80 years of age.

Frontiers | Does combined cognitive training and physical ...
Although they do not reliably differentiate MCI from AD, 34 lower scores predict progression from MCI to AD. 35 Here, the combined activity program improved verbal fluency test scores in older adults with MCI more than education alone

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did, which is consistent with reports in cognitively intact adults. 36 The combined activity program enhanced VFT-letter score gains in patients with either MCI subtype but enhanced VFT-category score gains only in patients with aMCI. We speculate that the ...

Effects of Combined Physical and Cognitive Exercises on ...
In theory, the use of a direct physical stimulus, such as acupuncture, is likely to enhance the effect of nerve reflexes and functional reorganization. Acupuncture combined with cognitive training could make up for the faults of acupuncture alone (WHO, 2002; Lee, Shin, Lee, Han & Kim, 2013). In this study, ADL and LOTCA scores significantly improved within the experimental group, including improvements in cognitive

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functioning, activities of daily living and motor functioning, which embodies ...

The effect of combined scalp acupuncture and cognitive ...
Combining cognitive training with modafinil administration over multiple sessions enhanced cognitive performance significantly more than placebo with cognitive training, as hypothesised, although this effect was specific to implicit associative learning (LL task).

Modafinil combined with cognitive training is associated ...
Previous research indicates that the cognitive benefits of physical exercise and brain health may be enhanced when mental exercise is combined at the same time. Research also

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indicates similar benefits in cases where mental work of a more meditative nature is combined with the physical activity.

3 Forms of Exercise that offer Enhanced Cognitive Benefits ...

The primary aim of this 24-week randomised controlled trial with a 24-week follow-up in community-dwelling older adults is to examine the effects of a multi-modal exercise program involving PRT combined with a protein-enriched diet achieved through lean red meat consumed three days per week (on training days) on skeletal muscle mass, size and strength, and cognitive function.

The effects of a protein enriched diet with lean red meat ...
Yet, these contextual factors often co-occur in real world

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social situations. The current study examined the combined effects of all three factors on cognitive control, and its underlying neural circuitry, using a task to better capture adolescents' real world social interactions.

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